



KEEPING THE BEAT

ABOUT THE FOUNDATION

The Delta Hospital Foundation is dedicated to ensuring the best health care possible for our community. Since 1988, the Foundation has provided over \$22M towards updating medical equipment and facilities at Delta Hospital.

MISSION We raise money to provide the best health care at Delta Hospital.

SPRING 2011

Delta Hospital FOUNDATION
Building for life

Meet Your Mental Health Liaison

Mental health is sometimes forgotten when we think of Delta Hospital but it's a vital and important piece to our overall health. In 2009, the Public Health Agency of Canada accounted that 5.3% of the Canadian population aged fifteen and older has reported symptoms of mood disorder (more commonly referred to as depression) and this doesn't account for other forms of mental illness. To Delta, this means that out of the more than 78,500 residents who are over fifteen, 4100 have reported symptoms of depression. This is a staggering number.

Delta Hospital's role in the community goes beyond medicine, beds and equipment. It approaches emotional and mental health with the same drive and innovation as it does a person's physical well-being. Karen Harvey is one of two mental health liaisons who work within the hospital seven days a week all year round. It is people like Karen and other Delta Hospital team members – liaisons, psychiatrists, nurses and doctors – who help ensure the mental health of the community.

Working closely with the exceptional staff of nurses and doctors, Karen counsels patients with a variety of mental illnesses such as: anxiety, depression, suicidal thoughts, and psychosis. These patients arrive from various areas of the hospital and with Karen's help begin their healing. Treatment is typically centered on her weekly group therapy sessions targeting all age groups and situations.

It is the quick assessment by nurses and doctors that gets Karen to the patient faster and helps them gain control of their lives. "Just last week, a young girl came into the Emergency Room. She had

an early onset of psychosis. If the nurse and doctor on duty didn't assess her and call me, she could have walked out of this hospital and not been treated for the mental illness. It's the teamwork that occurs within these walls that helps saves lives".

Karen's role reaches far beyond the walls of Delta Hospital. She is part of a community outreach program, Community Health Intervention Program (CHIP), that takes mental health treatment outside of the hospital, which Karen has been involved with for some time. CHIP partners a police officer with two mental health professionals to prevent people suffering from this affliction from ending up in jail. "We've seen numerous success stories and we go into the community anywhere from 15 to 20 times a month".



Karen Harvey

Prior to joining Delta Hospital in 1996, Karen worked at BC Women's Hospital and Health Centre in a similar role. In a moment of hope, she applied to Delta Hospital. She wanted to work within a community dedicated to their hospital in addition to being close to her family. Though she took a year long position in New Zealand working within a Māori community, the indigenous people of New Zealand, she's been with and dedicated to the Hospital ever since. Courted by larger hospitals in the past, Karen is both happy and astounded that a hospital with Delta's 'small' reputation continues to attract top healthcare professionals. "The staff at Delta Hospital is phenomenal. Three weeks ago, I was a patient here after breaking my arm. I was treated by Dr. Kenny and the ER staff not only quickly but with great compassion. It is great feeling of satisfaction as an employee and as a patient knowing how effective the Hospital is".

KEEPING THE BEAT

BECOME A
HELPING
HEARTS CLUB
MEMBER

By joining the Helping Hearts Club, Delta Hospital Foundation's monthly giving program, you can help Delta Hospital provide the best healthcare in your community. Monthly giving is a quick and convenient way to make a significant contribution to Delta Hospital.

For more information, call Tammy at 604-940-9695 or email info@deltahospital.com

The smallest act of kindness is worth more than the grandest intention.

OSCAR WILDE 1854-1900

SAVE A STAMP!

If you would like to receive this newsletter by email, please contact our office

VOLUNTEER
YOUR TIME

Change your life and the lives of those in your community in just three hours a week.

Please call our office for more information at 604 940 9695 or www.deltahospital.com

FOUNDATION
STAFF

Teresa Cooper, Executive Director
Shelley Slaughter, Charitable Gifts Manager
Stacey Boyda, Individual Giving Manager
Lacey Hayes, Communications Coordinator
Tammy Kettlewell, Donor Relations Coordinator
Jackey Zellweger, Event Coordinator
Alison Reid, Financial Administrator

LOIS WILKINSON
CHAIR, BOARD OF DIRECTORS



Message from the Chair

As we move forward in 2011, I would like to take this opportunity to reflect on all the positive changes that have taken place at Delta Hospital over the past year.

Last fall, we partnered with Fraser Health to collaborate on a Master Concept Plan. This plan will provide direction for the variety of programs and services available at Delta Hospital. It will look at the hospital's future and determine the needs and requirements necessary to continue providing the best health care for our families – today and tomorrow.

In addition to the Master Concept Plan, new and innovative equipment was purchased for the hospital in areas like Mountain View Manor and the Community Outpatient IV program to enhance our services into 2011. Forest for our Future broke ground and was near completion in 2010 providing a place of relaxation for this community. This was a year for setting the groundwork and preparation for building the future of Delta Hospital.

This year is already off to a busy start for Delta Hospital Foundation. Our annual fundraising targets have been set and we look forward to the enthusiasm and vigor our event committees will bring to our three major fundraising events.

Delta Hospital will continue to grow and be a centre of excellence in health care, which is made possible by the generosity of our citizens, and community in Delta. Your giving truly makes this a wonderful community hospital. On behalf of the Board of Directors and staff of the Foundation, thank you all so much.

Our Special Events in 2011

Our three annual events help raise funds that support the purchase of new hospital equipment. With strong community support, these events not only provide much needed funding, but also serve to bring our community and hospital staff together in a fun environment.

We invite everyone in the community to participate in one or more of our events and experience how you can make a difference. There is something for everyone!

Walk, April 30th



It's a 2, 5 or 10km walkathon. Pledges are matched by MK Delta Lands and there are lots of prizes.

Golf, June 9th



This great day of 18-holes at Kings Links includes power cart, BBQ lunch, cocktail reception, dinner with silent & live auctions. It was voted 2010 Best Golf Tournament in South Delta!

Gala, Sept 17th



This elegant 1920s themed night includes a cocktail reception, dinner, silent & live auctions, raffles, games and dancing. Reserve your 'table' early for our always sold-out signature event!

3rd Annual Walk for Health

The 3rd Annual Walk for Health will be held on Saturday April 30th at 10 am. Taking place on Delta Hospital grounds, the day will feature a warm up with Certified Personal Trainer Shannon Wood of Muscle Memory, live music by Celtic folk band Doghouse, face painting by local Pathfinders, and dedication doves. Over 250 enthusiastic walkers participated in 2010 and raised \$57,000.

Presenting sponsor MK Delta Lands is excited to take part again by matching pledges dollar for dollar up to \$25,000 which doubles fundraising efforts. With a goal of \$62,000 set for 2011, this non-competitive event hopes to have over 300 walkers collecting pledges towards their choice of 2, 5 or 10 kilometer distances.

New to the Walk for Health in 2011 are the dedication doves. The dedication doves are an opportunity for participants to honour friends and family. By hanging a dove with the name of a loved one within the Forest for our Future, participants can honour their life, and memory.

Jackey Zellweger, Events Coordinator, is thrilled to see the event through; "It's my first year and first event with the Foundation.

The previous years have been so successful and I am excited to add to its success. It's an opportunity for the community to come together for the hospital and have fun".

All participants must register in advance and pledges should be collected before the event. Registration is free. Participants can register as individuals or as part of a team. Prizes will be awarded to top individual pledges, highest amounts of pledges, as well as top fundraising team.

Registration is now open at www.deltahospital.com or register by phone at 604-940-9695. For further information on the event please phone or email Zellweger at jackey.zellweger@deltahospital.com. Event sponsorship opportunities are available as well.



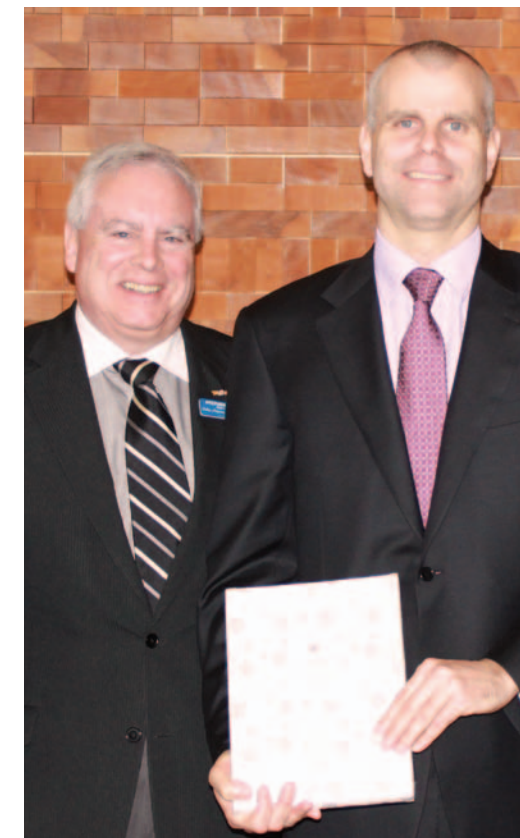
THE GIVING HEARTS AWARD

Local Company wins Philanthropy Award

Nominated by the Foundation's Shelly Slaughter, Century Group was presented the Vancouver Association of Fundraising Professional's Giving Hearts award in the outstanding corporation category for its philanthropic work throughout Delta. Awarded alongside Scotiabank, Sean Hodgins, President of Century Group, accepted the award with pride for the local company at a ceremony held on November 17, 2010 in the Vancouver Convention Centre to mark National Philanthropic Day.

The Giving Hearts Award recognizes individuals and organizations who exemplify the true spirit of philanthropy. To qualify, corporations must demonstrate outstanding commitment through financial support, and through encouragement and motivation of others to take leadership roles towards philanthropy and community involvement

Century Group's generous giving history to Delta has been longstanding and began with the nominating organization, Delta Hospital Foundation, in 1991. Since then, the company has donated over \$1.6 million in support of various capital campaigns, the purchasing of medical equipment, fundraising events, CT scan campaigns, and 'hospital's greatest needs fund'. In addition, Century Group staff volunteer at Delta Hospital fundraising events and Hodgins is a familiar face at hospital events and activities.



Stephen Millen, DHF Past-Chair, and Sean Hodgins.

"There is no doubt that a philosophy of giving has always been a part of the Hodgins family", said Lois Wilkinson, Delta Hospital Foundation Chair of the Board. "Sean's father, George, began this tradition of philanthropy many years ago with Century Group. Sean has taken his father's legacy and continued the family tradition of dedications in support of our hospital – not only by donating generously, but also by taking a leadership role in our many fundraising activities. His and Century Group's commitment to Delta Hospital is tremendous and the entire community of Delta are the benefactors."

Today, Century Group financially contributes to many local organizations. Some of their key benefactors are: The George Hodgins Memorial Charity Golf Tournament, Delta Hospice Society, Delta Chamber of Commerce, Earthwise Society, Tsawwassen Boundary Bay Loins Society, and Tour De Delta.

Tsavwassen's Dr Irving K. Barber was also honoured as the outstanding philanthropist.



Lacey Hayes



Jackey Zellweger

Two New Employees

The Delta Hospital Foundation welcomes Jackey Zellweger as Events Coordinator and Lacey Hayes as Communications Coordinator. Jackey will organize the Foundation's three major fundraising events and Lacey's role focuses on enhancing community awareness of the work of Delta Hospital Foundation

"The Foundation is very excited to have both Jackey and Lacey on board. Both have exceptional strengths that will really add to our events and public relations", said Teresa Cooper, Delta Hospital Foundation Executive Director.

Jackey is currently the co-Chair of Ladner Pioneer May Days Community Committee. In addition, she volunteers on the campaign team for Delta Gymnastics to raise funds towards the new centre. In the past, Zellweger was a board member for Delta Arts Council.

Lacey joins the Foundation after previously working the 2010 Winter Olympic Games in the Main Media Centre and The Terry Fox Foundation.

KEEPING THE BEAT

CONTACT US

5800 Mountain View Boulevard
Delta, British Columbia, Canada V4K 3V6
Telephone 604 940 9695
Fax 604 940 9670
Email info@deltahospital.com
www.deltahospital.com

Delta Hospital FOUNDATION
Building for Life

Printed on 100% recycled stock

Else O'Sullivan's Big Message

This February the Delta Hospital Foundation found out that big things actually do come in small packages. Walking into the foundation one February morning came Else O'Sullivan, a young five year old girl fresh from ice skating and just about to head over to the library. This little girl brought with her a very surprising message.

Not long ago, Else had a visit to the Delta Hospital Emergency Room. Her and a friend were dancing around their living room and having a great dance off. When Else fell and cut her head her mother, Allison, rushed her to the ER. Thankfully, the cut was not serious and she did not need stitches. She was scared and nervous to be in the ER, but the nurses and doctors quickly eased her worries and had her up on her feet in no time. Today, when asked about her time in the hospital, Else does not

focus on being scared, but she does remember the nice nurses, doctors and the teddy bear they gave her.

So bounding into the office that February morning was a small 5 year old girl giving a big donation. When it came to her 5th birthday this year, instead of presents, she asked for \$5 from all her friends so she could give back to the men and women who helped her. In total she collected \$60. The smile across her face as she handed in her birthday donation proved that you are never too young to experience the joy of giving.

This may not be the largest donation or appear to be the most astounding but Else did something very important that day. She reminded everyone at the Delta Hospital Foundation that compassion and generosity can come in many sizes. And although our rea-



Else O'Sullivan, with the help of her little sister Grace, present Jackey Zellweger with her birthday money.

sons may be different, that compassion will always make a difference in the lives of others.

What's next for Else O'Sullivan, after all her skating and reading? She'll be joining the community this April and participate in the Walk For Health.



Visit www.deltahospital.com
"events" page
to plan YOUR event!

Making a gift of a lifetime through your Will

A legal Will can give you peace of mind knowing that your final wishes are being met and loved ones are taken care of after you have gone. It also gives you the opportunity to make a meaningful gift to your favourite charity, and ensure that their good works continue making a difference into the future.

Making a bequest in your Will is easy to do and is a wonderful opportunity to support a charity which is near and dear to your heart, without giving up assets during your lifetime. It also gives you the choice of how you would like to help those charities which you believe in. A Will can provide you with the flexibility of changing your gift should your family circumstances change into the future.

A gift in your Will can have significant tax savings for your estate. When you make a gift through your Will a charitable tax receipt is issued to your estate which can help to reduce or eliminate your taxes. The tax savings can also help to preserve more of your assets for your loved ones. We encourage you to talk to your family about making a bequest in your Will and to always seek legal and financial advice when planning your estate.

If you would like more information on how you can help Delta Hospital through a bequest in your Will, please contact Stacey Boyda, Individual Giving Manager at 604-940-9695.



Stacey Boyda

The president and members of the **Tsawwassen Shrine Club #31** presented the Delta Hospital Foundation executive director **Teresa Cooper** with a cheque for over **\$12,000**.



Riverside Dental's **Dr Raj Dhiman** and **Lorissa Chu** presented **Teresa Cooper**, Executive Director, with a cheque for **\$1500**. Their 'Cash For Candy' campaign collected 210 pounds of Halloween treats from over 70 local children.



Considering a charitable gift in your will?

It could be the biggest gift you ever make to a cause you believe in. For more information, call 604-940-9695 or email info@deltahospital.com